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# Sample of 2006 ABC Codes and Terminology

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## Clinical practice management

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### Client assessment

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#### New client in-office without ICD diagnosis

- ACAAK** ● **Detailed new 30 minutes in-office massage therapy intake**  
Assessing the health status of a new massage therapy client in a detailed, 30-minute, in-office meeting to develop a treatment plan for somatic education, massage therapy and/or bodywork.
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#### Existing client in-office with nursing diagnosis

- ACFAF** ● **Nurse simple existing in-office 15 minutes**  
Assessing and/or managing an existing client using nursing diagnoses in a simple, 15-minute, in-office meeting. Use this code to describe advanced nursing care without physician oversight. The client may or may not have a medical diagnosis.
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#### New client home-visit with nursing diagnosis

- ACGAM** ● **Nurse comprehensive prolonged new home-visit 90 minutes**  
Assessing and/or managing a new client using nursing diagnoses in a comprehensive, prolonged 90-minute, home-visit. Use this code to describe advanced nursing care without physician oversight. The client may or may not have a medical diagnosis.
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### Rehabilitation and training modalities

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#### Rehabilitative treatments and/or training

- BCABD** ● **Rossiter System(TM) individual each 15 minutes**  
Facilitating stretching for a client by using a foot and/or feet to apply a specific series of techniques to relieve chronic pain associated with over-use and/or repetitive motion of his or her body part, region or full body. Service is billed in 15-minute increments.
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#### Ergonomics

- BCCAP** ● **Ergonomic functional activities education individual each 15 minutes**  
Teaching a client to use proper ergonomics when performing his or her functional activities (for example, bending, stooping, kneeling, rotating and using arms). Service is billed in 15-minute increments.
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## Oriental medicine services

### General Oriental procedures

**CABAG Trigger-point acupuncture each 15 minutes**  
Applying acupuncture needles to trigger-points on a client's body part or region to affect his or her myofascial release. Service is billed in 15-minute increments.

### Oriental modalities

**CACAE Moxibustion each 15 minutes**  
Using moxa to heat acupoints on a client's body. Service is billed in 15-minute increments.

## Somatic and/or massage practices

### Energy work

**CBCAE Healing Touch(TM) each 15 minutes**  
Using standardized Healing Touch(TM) techniques to clear, energize and balance a client/patient's energy fields. Any practitioner using this code must document appropriate training and/or certification. Service is billed in 15-minute increments.

**CBCAF Reiki each 15 minutes**  
Using an energetic healing technique to facilitate a connection with a client's life-force energy to reduce his or her stress, and/or enhance relaxation and/or wellbeing. Any practitioner using this code must document appropriate training and/or certification. Service is billed in 15-minute increments.

### Massage

**CBEAB Craniosacral therapy each 15 minutes**  
Using light touch to evaluate and facilitate the unrestricted flow of a client's cerebrospinal fluid by manipulating the eight cranial bones in conjunction with his or her sacrum. Any practitioner using this code must document appropriate training and/or certification. Service is billed in 15-minute increments.

## Chiropractic services

### Spinal adjustments

**CCAAN Network Spinal Analysis(TM) level one Spinal Entrainment(TM) each 5 minutes**  
Applying brief, low-force contact to a client on a precise area(s) of the spine, to initiate sensory and motor responses that assist in self-regulating his or her tension and/or energy. Any practitioner using this code must document appropriate training and/or certification. Service is billed in 5-minute increments.

## Chiropractic services

### Spinal adjustments

- CCABA** • **Sacral region device adjustment each adjustment**  
Using a device to apply force to a client's sacral region of osseous and/or connective tissue structures of the spine to restore his or her normal anatomical and/or physiological structure and function. Service is billed per adjustment.

## Mental health services

### Mental health counseling

- CDABA** **Delusional behavior management individual each 15 minutes**  
Using counseling techniques to promote a client's reality orientation and/or teach a client to manage his or her beliefs that have no basis in reality. Service is billed in 15-minute increments.
- CDAKW** • **Permanent disability coping skills assistance individual each 15 minutes**  
Using counseling techniques to assist a client in managing and/or coping with feelings about his or her permanent disability(ies). Service is billed in 15-minute increments.

## Reproductive and/or childbirth services

### Prenatal

- CEBAV** • **Prenatal homebirth environment preparation each 60 minutes**  
Preparing a client/patient, her family and their environment, for a home delivery. Service is billed in 60-minute increments.

### Labor and delivery

- CECBX** • **Water birth out-of-hospital each delivery**  
Providing a client/patient with labor and delivery care when she has chosen to have a water birth in an out-of-hospital setting. Service is billed per delivery.

## Indigenous healing practices

### Ayurvedic medicine

- CHAAL** **Shirodhara each 15 minutes**  
Applying oils to a client's forehead to restore his or her individual constitutional balance and health. Service is billed in 15-minute increments.

## Indigenous healing practices

### Ayurvedic medicine

### Native American healing

- CHBAM** ● **Native American Healing sweat lodge group each session**  
Facilitating the participation of clients in a group setting in a Native American Healing, ceremonial sweat lodge to promote their healing and/or wellbeing. Service is billed per session per client.

## Spiritual care services

### Spiritual nursing care

- CIBAE** ● **Spiritual nurse care plan development and/or revision each 15 minutes**  
Developing and/or revising a patient's care plan while remaining consistent with his or her religious beliefs. Service is billed in 15-minute increments.

## Other specialty services

### Public health services

- CJCAK** ● **Wellness program development community**  
Planning, implementing and/or evaluating a wellness program(s) for a community to prevent and/or minimize its community member's health problems while promoting their wellness.
- CJCAZ** ● **Safe sex education group**  
Providing clients/patients in a group setting with education and/or information regarding how to employ safe sex practices and/or use sexual protection during sexual activity to prevent and/or minimize their incidence of sexually transmitted diseases.

## Substance administration services

### Miscellaneous substance administration

- DDACT** ● **Intravenous chelation therapy administration each 60 minutes**  
Administering a chelating solution to a client/patient through a vein for therapeutic effect(s) (for example, to bind and eliminate detrimental materials in the blood). Service is billed in 60-minute increments.

## Laboratory services

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### Allergy tests

- DEPCB**
- **Nambudripad Allergy Elimination Technique (NAET)(TM) initial test each test**  
Using NAET(TM) to gather and assess personal information during an allergy elimination initial examination and work-up, which includes taking vital signs and history of chief complaints, associated complaints, present and past medical history, family history, social history, other treatments for specific conditions, any unusual history, diet, work, hobby, accidents, special procedures and/or surgery. Also using NAET(TM) muscle response to detect allergies. Gathering a client's heart rate variability information and performing in-office tests to back up muscle response test findings. Blood serum tests may be ordered separately, including ELISA or ALCAT tests. Any practitioner using this code must document appropriate training and/or certification. Service is billed per test.
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